

Appetizers

Crab Stuffed Mushroom	9.50
Mama's Crab Cake	7.50
Ahi Tuna Trio	10.95
Calamari	9.50
Fresh Clams	15.95
Fried Clam Strips	6.95
Shrimp, Scallop and Fish Dippers	10.50
Smoked Salmon Plate	7.50
Shrimp & Artichoke Dip	6.50
Coconut Shrimp	7.50
Oysters on the Half Shell (6)	9.95
Oysters on the Half Shell (12)	17.50

Seafood Cocktails

Crab	8.95
Gulf Shrimp	8.50
Petite Shrimp	6.50
Combo: Crab and Gulf Shrimp	8.95

Mama Ghio's Famous Chowder

Creamy white New England or zesty red Fisherman.

Cup	3.95
Bowl	5.50
Bowl with Sourdough Bread Bowl	6.50

Entrées, Hand Battered Classics and Lite Eaters

All Served with your choice of any two of the following: house salad, cole slaw with creamy pineapple dressing, steamed garden vegetables, french fries, citrus rice pilaf, or baked potato. Add any side to an entrée for 1.50.

Panko Alaskan Cod	15.50
Squid Steak Milanese	14.95
Teriyaki Day Boat Scallops	18.50
Stuffed Salmon	19.95
Flat Iron Steak , Teriyaki-Style	18.95
Mesquite Chicken Breast	
Lemon Butter, Barbeque, or Teriyaki	14.95
Fish Tacos with Black Beans	11.95
Mama Ghio's Crab Cakes	18.50
Coastal Combo	21.95
Big Bay Combo	22.95

Hand Battered Classics

Fish and Chips (Fries and one side only)	13.95
Calamari	13.95
Shrimp	15.95
Cajun-Fried Scallops	17.95
Lobsterettes	21.50
Big 3 Combo: Fish, Scallops and Shrimp	17.95
Mama's Platter - A little bit of everything	20.95

Lite Eaters: Smaller Portions, Bigger Taste

Coconut Crusted Tilapia	12.95
Trout Fillet	13.95
Shrimp, Scallop and Swordfish Kabob	14.95

Shrimp and Shellfish

Served with your choice of any two of the following: house salad, cole slaw with creamy pineapple dressing, steamed garden vegetables, french fries, citrus rice pilaf, or baked potato.

Jumbo Fried Shrimp	20.95
Shrimp Scampi	21.50
Mesquite Grilled Shrimp	20.95
Steak and Grilled Shrimp	23.50
Coconut Fried Shrimp	21.50
Shrimp Trio - Teriyaki, Coconut, and Scampi	22.50
Alaskan King Crab Legs	35.95
King Crab and Steak	29.95
King Crab and Shrimp	29.95
Lobster Thermidor	Market
Broiled Lobster	Market
Steak and Lobster	Market

Seasonal Catches

The season's finest catches selected by Anthony's seafood experts. Selection varies by season and availability. Please call for current price and variety. Seasonal catches are prepared mesquite grilled or grill-broiled (lightly breaded and simultaneously flame broiled and grilled to retain all the flavor.)

Salads

Supreme Crab	14.50
Supreme Gulf Shrimp	15.50
Supreme Crab and Gulf Shrimp Combo	15.50
Supreme Petite Shrimp	10.50
Supreme Albacore Tuna	9.50
Louie Crab	14.95
Louie Gulf Shrimp	15.95
Louie Crab and Gulf Shrimp Combo	15.95
Louie Petite Shrimp	10.95
Louie Albacore Tuna	9.95
Avocado Crab	15.95
Avocado Gulf Shrimp	15.95
Avocado Crab and Gulf Shrimp Combo	15.95
Avocado Petite Shrimp	10.95
Avocado Salmon	12.95
Avocado Albacore Tuna	9.95
Avocado Chicken	10.95

Caesar:

Caesar Small Side	5.95
Caesar Dinner Size	7.95
Caesar and Clam Chowder in a Sourdough Bowl	9.95
Gulf Shrimp Caesar	15.50
Petite Shrimp Caesar	9.50
Salmon Caesar	12.50
Chicken Caesar	10.50
Asian Salad with Ahi Poke	14.95
Asian Salad with Chicken	12.95
Asian Salad with Petite Shrimp	12.95
Mexican Chopped Salad with Petite Shrimp	12.95
Mexican Chopped Salad with Chicken	12.95
Mexican Chopped Salad with Salmon	14.95

Pasta

Served with your choice of a house salad or our cole slaw with creamy pineapple dressing.

Seafood Pasta Primavera	17.95
Chicken Pasta	15.95
Three Cheese Tortellini with Salmon	18.95
Three Cheese Tortellini with Halibut	19.95

Lunch Choices

Lunch choices are available from 11 am to 4 pm, Monday through Saturday. Sandwiches are served with cole slaw and a jumble of fries. Quick Catches are served with our famous cole slaw and a jumble of fries. Lunch Pastas are served with house salad or cole slaw.

Sandwiches

Salmon Fillet on an Italian Country Roll	10.95
Squid Steak on Sourdough or Italian Bread	9.50
Chicken Breast on an Italian Country Roll	8.95
Crab & Cheese on Sourdough or Italian Bread	11.95
Albacore Tuna Salad on Sourdough or Italian Bread	7.95

Quick Catches

QC Fish and Chips	9.95
QC Shrimp	11.50
QC Northern Combo: Sole, Salmon, or Cod	11.95
QC Seasonal Catch and Shrimp Combo	10.95
QC Chowder Combo: Seafood Salad or Sandwich	8.95

Lunch Size Pastas

Seafood Pasta Primavera	10.50
Three Cheese Tortellini with Halibut	10.50
Three Cheese Tortellini with Salmon	10.50

Lunch Size Salads

Asian with Petite Shrimp	8.95
Asian with Ahi Poke	9.95
Asian with Chicken	8.95
Mexican Chopped Salad with Petite Shrimp	8.95
Mexican Chopped Salad with Chicken	8.95
Mexican Chopped Salad with Salmon	9.95

Kid's Menu

"Gilled" Cheese	4.50
Fish Dippers	5.50
Pelican's Pasta	4.50
Surfer Shrimp	6.50
Moby's Chicken	5.95
Captain Cod	5.95

San Diego Bay

Harbor Dr. at Ash St.
(619) 232-5103

La Mesa

I-8 at Severin
(619) 463-0368

Chula Vista

I-5 at E St.
(619) 425-4200